

# The Daily Aardvark

Tuesday, September 23, 2014

all material (c) Tim Mizak 2014

Today is 'Restless Leg Awareness Day' -

-I thought my wife was getting that....in the middle of the night, her legs would start jerking... So I asked her one morning. It turns out she was just dreaming she was chasing a squirrel.

## STOP DOING THIS!

**A Career Coach named Kathy Caprino admits making plenty of mistakes during her career. And she says she learned from her mistakes - so she's posted on LinkedIn - the top three things you should stop doing at work - immediately. Stop speaking, behaving or quitting out of rage or revenge. Stop lying. And stop proclaiming that you're miserable.**

-No problem for most of us....because we did all that yesterday. Yeah - Mondays are pretty brutal around here.

-Yeah - the break room on Monday afternoon is a little like the exercise yard at Super Max. All sorts of plots are being hatched.

**Can anyone help me out on this one? When you get SPAM emails - you can generally figure out what web sites you were on the triggered the spam. But why over the past couple weeks have I received five or six emails for 'Dutch Glow - Amish Wood Milk'?**

-I don't think I've been on any Amish web sites....??

## LOIS IS INNOCENT

**Former IRS official Lois Lerner is finally speaking out about the IRS scandal. She's taken the fifth in front of Congress and got drummed out of the IRS - but still insists she did no wrong. Lerner said she's received tons of hate mail and threats and one person even referred to her as the 'worst person ever in the United States'. She said that letter made her think - 'Even worse than Jeffery Dahmer?'**

-Okay - let's admit it - probably not. But when your point of reference for personal behavior - is Jeffery Dahmer.... that's not saying much.

-What she's saying is...'I may have tried to stifle free-speech and send the chilling power of the federal government against my own fellow citizens. But at least I didn't eat anybody.'

## SYRIAN REBEL ARMY

**The President has chosen General Michael Nagata to build and train the Syrian Rebel Army to take on the ISIS.**

-Yeah - he's training a rag-tag band of civilian misfits into a competent fighting force. I think we've seen this before. In the movie STRIPES.

Page Two...

# The Daily Aardvark

Tuesday, September 23, 2014

all material (c) Tim Mizak 2014

## THUMB STRETCH

Apple announced they sold a record 10-million new i-Phone 6 and 6-Plus phones over the three day weekend. But it hasn't been without it's glitches. Several customers are complaining about 'thumb stretch'. They say it strains the thumb to reach across the much wider screen. And since we check our smart phones an average of 'get this' 150 times a day - there are a lot of people in pain this week.

-Take it easy with your new phones. I have a lot of friends who've had total knuckle replacements. You don't want to go there.

-I mean - they'd come back from knuckle rehab...crying and sweating....

## BEEFED UP SECURITY

The Secret Service is beefing up security around the White House after two fence jumpers breached security over the weekend. It turns out the one guy with the knife on Friday - actually got all the way up to the First Family's living quarters before he was stopped. Now they're looking at keeping tourists away from the White House fence and even setting up check-points a couple blocks from the Executive Mansion.

-See - I told you. How about just...lock...the...doors.

-You know - I saw both 'White House Down' and 'Olympus Has Fallen' - so one guy with a knife should be pretty easy.

## SWEET DREAMS

A new study published in The American Psychological Association Journal finds the longer you sleep - the crazier your dreams get. For example - they say if you're sleeping for just a short time - you might dream about grocery shopping. But if you continue to sleep - you may dream about shopping in your underwear - while being chased by a murderous clown.

-Wait a minute - I'm not the only one with that dream....??

-And he's like between you - and the Oreos, right?

## LAP DANCE CANDIDATE

The Democratic gubernatorial candidate in Kansas is having a hard time explaining his trip to a strip club in 1998. State Rep. Paul Davis was getting a lap dance in the club when it was raided by police. He says he was never charged with a crime and was just in the wrong place at the wrong time.

-That's why it's call a 'gubernatorial race'....most of the candidates are 'goobers'.

Page Three...

## MAXIMIZE PRODUCTIVITY

A new study finds to maximize your productivity - work 52-minutes at a time. And then take a 17-minute break. The researchers found the trick is to consider the 52-minute work period

# The Daily Aardvark

Tuesday, September 23, 2014

all material (c) Tim Mizak 2014

**an all-out sprint - with total focus and trying to get as much work done as possible. They said the mind isn't built for eight straight hours of focus - and this combination seems to be the best formula for maximizing your brain function.**

-That's what we've been doing wrong. We've been working like crazy for 17-minutes... and then goofing off for 52.

-If I tried to focus for 52 minutes straight...my brain would probably throw a rod.

## **BILLIONAIRES**

**The total number of billionaires in the world rose 7% this year - to a record 2,325. The billionaires' club represents a total wealth of \$6.52-trillion dollars - or approximately 4% of the world's accumulated wealth.**

-I have no problem with billionaires. I think if a person has a sharp mind...or an incredible idea...and works hard....they deserve everything they get. Then I think of what classless pant-load Mark Zuckerberg is....and I have second thoughts.

**The same report looked at what universities are turning out the most future billionaires. The top school is one you might not think - the University of Pennsylvania has 25 billionaire alumni. That school is followed by Harvard, Yale, USC, Princeton, Cornell and Stanford. Remarkably - 35% of billionaires never even went or finished college.**

-You can't really blame them. If I had a billion dollars...I'm pretty sure I wouldn't be making it to morning classes, either

-(PHONE IDEA) Did you ever know somebody in high school or college that went on to be wealthy or famous? I look back at my high school graduating class...and I might be the most successful person today. Which means it must really suck to be my classmates!!

## **200 FOOT LONG BRAT**

**The city of Belleville, Illinois celebrated their 200th birthday over the weekend - by grilling a 200 foot long bratwurst and then serving it on a 200 foot long bun. And they raised \$1600 for local charities doing it. They said they didn't try to break the world bratwurst record ...because they didn't want to spend the money the Guinness people charge to come and witness the record.**

-That's Belleville, Illinois....200 years of being fat...and practical.

## **Bonus Page - The Aardvark Almanac**

*Celebrating Birthdays Today -*

actor Tom Lester is 76 today - Eb on *Green Acres*.

# The Daily Aardvark

Tuesday, September 23, 2014

all material (c) Tim Mizak 2014

singer Julio Iglesias is 71

actress Mary Kay Place is 67 *'Mary Hartman'*

Bruce Springsteen is 65

actor Jason Alexander is 55 *'Seinfeld'*

actor Chi McBride is 53 SWAT Captain on *Hawaii 5-0*

and British travel host Karl Pilkington is 42 today

- (if you haven't seen the BBC series *An Idiot Abroad* - get it.)

*On This Date in History -*

On this date in 1912 - the first Mack Sennett Keystone Comedy was released.

in 1952 - Richard Nixon made his famous 'Checker's Speech'

in 1957 - Buddy Holly & the Crickets hit #1 with *'That'll Be The Day'*

in 1962 - ABC introduced their first series in color - the *Jetsons*

and on this date in 1980 - Bob Marley gave his last concert - in Pittsburgh.

## *The Department of Useless Knowledge*

All elephants walk on their tiptoes. That's because the back of their foot is made up of fat and there are no bones.

-Well - that and they like to sneak up on people.

There was no punctuation until the 15th century.

-So basically - the first novels were all one sentence long.